

CUMBERLAND COUNTY BOARD OF HEALTH
APRIL 16, 2019 – 6:00p.m.
1235 RAMSEY STREET, THIRD FLOOR BOARD ROOM
REGULAR MEETING
MINUTES

MEMBERS PRESENT: Dr. Connette McMahon, Chair
Dr. Sam Fleishman, Vice Chair (Arrived at 6:25pm)
Dr. Cynthia McArthur-Kearney, Registered Nurse
Dr. Olusola Ojo, Pharmacist
Dr. William Philbrick, Optometrist
Dr. Jeannette Council, Commissioner
Dr. Kingsley Momodu, Dentist
Dr. Kent Dean, Veterinarian (Arrived at 6:29pm)
Mr. John Larch, Professional Engineer
Ms. Stacy Cox, Public Representative

ABSENT: Ms. Sonja Council, Public Representative

STAFF PRESENT: Duane Holder, Assistant County Manager/Interim Health Director
Dr. Krystle Vinson, Director of Nursing
Candice York, Finance Officer
Trey Wright III, Local Public Health Administrator
Asya Akins, Public Health Nursing Supervisor I
Heather Salisbury, EPI Clinic Coordinator
Dr. Lori Haigler, Interim Medical Director
Torica Fuller, Physician Extender II
Adrian Jones, Environmental Health Director
Kim Davis, Public Health Nursing Supervisor I
Rod Jenkins, Deputy Health Director
Shineka Small, Environment Health Program Specialist
Ashley Yun, Administrative Assistant to the Health Director
Sang Nguyen, Software Support Analyst

WELCOME, INTRODUCTIONS AND MOMENT OF SILENCE

Dr. Connette McMahon welcomed all guests and called the meeting to order. Introductions were given. A moment of silence was taken.

ACTION ITEMS

A. Approval of Agendas

MOTION: Dr. William Philbrick moved to approve the Board of Health regular meeting agenda
SECOND: Dr. Olusola Ojo
VOTE: Unanimous (8-0)

B. Approval of March 19, 2019 Regular Meeting Minutes

MOTION: Dr. Jeanette Council moved to approve the minutes.
SECOND: Dr. Kingsley Momodu
VOTE: Unanimous (8-0)

C. Approval of Bad Debt Write Off:

Mrs. Candi York presented the bad debt write-off in the amount of \$17,793.73 for the quarter ending March 31, 2019. This is for accounts 90 days or older with balances of \$50 dollars or higher. It will be submitted to the North Carolina Debt Set-Off Program, which can attach a debtor's State Income Tax Refund and/or lottery winnings for payment of bad debts.

MOTION: Dr. Jeanette Council moved to approve the bad debt write-off in the amount of \$17,793.73

SECOND: Dr. William Philbrick

VOTE: Unanimous (8-0)

INFORMATIONAL/DISCUSSION ITEMS

A. Public Comment:

Dr. McMahon opened the floor for public comments at 6:04 p.m. There being no public comments registered, Dr. McMahon closed the floor for public comments at 6:04 p.m.

B. Family Connects International:

Mr. Jeff Quinn, Ms. Eileen Cedzo, and Ms. Megan Squires presented their programs. The Family Connects International has been a partnership with Partnership for Children since October 2018 through the Strengths in Overcoming Adversity thru Resiliency (SOAR) Community Collaborative program. It brings programs together to try to reduce the number of incidents of child abuse in the community. The model is an evidence-based, universal approach to supporting newborns and their families that is based on the highly-successful Durham Connects program. The Family Connects International founded the program to mitigate against child abuse in the first five year. They have found that child abuse has reduced by 39% in Durham with all the key stakeholders' impact. They hope in their efforts of the presentation to find stakeholders who would be partners with and bring the program to Cumberland County in the next couple of years. They are having conversations about exploring funding more intentionally.

The Partnership of Children is collaborating to look at resources that might fill some gaps in the community. They are seeking for allocation and what we could look at that would impact the youngest children as they're born and look at the home visiting that might mitigate them. Medicaid covers some portion of baby visits, and some private insurance reduces the fee as well. There is a potential for new Smart Start money in this budget to try to be proactive in compiling a database element to start the pilot.

The program provides between one to three trained nurse (BS, RN) home visits to every family with a newborn beginning at about three-four weeks of age, regardless of income or demographic risk. Using a tested screening tool, the nurse measures newborn and maternal health and assesses strengths and needs to link the family to community resources. The Family Connects International is committed to improving the health and well-being of children and families by bringing evidence-based solutions to every community, undertaking innovative research and evaluation and engaging in public policy. For more information, contact 919-681-8504, familyconnects@duke.edu or www.familyconnects.org.

The FOCUS team and CC4C in the Health Department are involved in this program as well and will find out how we can complement existing services. Together with the Positive Parenting Program (Triple P), we are excited to bring a positive impact to our community.

Dr. Fleishman arrived at 6:25pm

Dr. Dean arrived at 6:29pm

C. Annual Communicable Disease Report:

Ms. Asya Akins presented the STD and Women's Clinic portions of the annual communicable disease report. She gave an overview of the definition, the clinic philosophy, staff, and the Communicable Disease Control Specialist (CDCS), legal responsibilities, Health Department STD Testing Services, outreach events, future of the STD clinic, and current trends and statistics.

Communicable disease is defined as an illness caused by a specific infectious (biological) agent or its toxic products capable of being directly or indirectly transmitted from man to man, from animal to man, from animal to animal, or from the environment (through air, water, food, etc..) to man.

The statistics are comprised of the numbers the Health Department collected from all county databases and reported to the State.

Ms. Akins shared comparisons for the following:

- Ms. Akins shared that the communicable disease control specialists are active in the community and conduct contact tracing, as well as provide clients with free condoms and informational materials
- In 2018, Cumberland County was ranked 4th in Gonorrhea and 4th in Chlamydia in the state based on morbidity data
- Based on the North Carolina 2018 HIV/STD Surveillance Report, Cumberland County ranked 6th in HIV. It was also 6th in Primary & Secondary Syphilis and 5th in Early & Latent Syphilis based on the number of cases reported to the state. AIDs and Hepatitis B & C rates have increased; the 2018 report is not yet released. We try to reach out to the community at least to have people tested for HIV for free.
- In 2018, over 56,399 services were provided in the STD Clinic including exams, labs, treatments, and counseling from in-county and surrounded counties. She handed out packages to the board members. The compact size of each package includes condoms and clinic contact information.
- In 2018, Over 50,000 services were provided in the STD clinic, including exams, labs, treatments, and counseling.

Dr. Dean asked that if we can provide the database with age groups. **Ms. Akins said the state provides the database with age groups and will follow up with the Board.**

Mrs. Heather Salisbury presented on the epidemiology portion of the annual communicable disease report. She gave an overview of the definition, legal responsibilities, sub-programs, Tuberculosis Management in Cumberland County, and current trends and statistics.

- The legal responsibility by law G.S. § 130A-135 through 130A-139 is to enforce Public Health laws and regulations that protect the citizens of Cumberland County.
- There are approximately 80 Reportable Diseases and Conditions in the North Carolina Electronic Disease Surveillance System (NCEDSS). This includes the addition of the Ebola and Zika virus and newly added Carbapenem-resistant Enterobacteriaceae (CRE) and Candida auris. (She provided a hard copy of the Diseases and Conditions Reportable in NC).
- We also investigate “notifiable” diseases of public health significance, such as the Norovirus or Varicella.
- One case of active TB disease requires intense case management. Treatment requires DOT and takes a minimum of six months to complete. For HIV-positive cases with low CD4 counts, drug-resistant cases, or disseminated TB, treatment duration can be up to 24 months. One case of active TB disease can also generate a large contact investigation, which can take months for complete follow-through.
- By NC Public Health Law, patients with Tuberculosis require TB treatment via Directly Observed Therapy (DOT) on the following schedule:
 - ✓ Daily (5 days per week) for 8 weeks
 - ✓ Then 3 times per week for 18 weeks
- In 2018, the EPI Clinic made 494 home visits to TB patients.
- In 2018, we provided 7000 services to the people in our County, including 14 refugees and 12 immigrants; 76 reports of bites that needed specimens sent off for rabies testing.
- Ms. Salisbury referred to the CDC website for additional resources and information.

Both Power Point presentations are available by request to Ms. Yun.

D. Recap Board Retreat:

The Board of Health and Senior Management of the Health Department held its Second Annual Board Planning Retreat on Friday March 29th at Cape Fear Valley Hospital. Mrs. Sally Shutt, Assistant County Manager for Strategic Management and Governmental Affairs, served as the facilitator. Based on expressed and observed community need, the Board adopted the following goals for the 2019-2020 year:

- Reduce the prevalence of vaping
- Reduce incidents of opioid abuse, overdose, and death
- Reduce the rate of teen pregnancies
- Reduce the rate of sexually transmitted infection
- Improve Oral Health

As a part of this year’s planning, the Board has asked the Director and his staff to take these goals and develop objectives that are SMART (Specific, Measurable, Attainable, Relevant, and Time-Bound) for the Board’s consideration. Staff will collect data and report to the Board of Health, Board of Commissioners, and Community throughout the year on the achievement of these goals and objectives. We are expecting to bring the final draft to the Board next month.

School Health:

- Current Ratio is 1:1,765 (29 nurses working in 87 schools)
- Ratio if FY20 Request is awarded (6 additional nurses)- 1:1,463
- To meet the national recommendation of 1:750, we would need 39 additional nurses. (6 have been requested in the FY20 Budget Request.)
- To have a nurse in each school, we would need to request 58 additional positions.
- We would need to add team leads as well to provide supervision. Depending on the number of nurses added, the number of team leads will vary. It would be ideal to have no more than 10 nurses reporting to a single Team Lead

The official letter has been sent out to the Board of County Commissioners on April 4th, and the County News Release has been disseminated to the public on April 11th.

E. Flu Vaccine Update:

We are heading out of flu season, and Mrs. York gave an update.

- Self-pay patients:
 - ✓ 59 patients in FY17
 - ✓ 102 patients in FY18 since the reduced administration fee
 - ✓ 231 patient in FY19 as of March 2019
- Loss of \$5,544 in revenue in FY19; however, it is not a significant loss of the total budget

F. Financial Reports:

Board members received the following financial reports:

- The accounts receivable by program are broken down by clinic and payer source.
- Aging report by private/self-pay patients for 180 days or a year over.
- The Statement of Revenue and Expenditures (Profit and Loss) as of March 31, 2019. The excess of revenue over the expenditures is \$1,027,317.63. These funds consist of Medicaid Cost Settlement funds and Pregnancy Care Management/Care Coordination for Children revenue.
- The statement of expenditures by program as of March 31, 2019. We are spending 62% of our budget.
- Revenue by Source reports by state and federal allocations, grants, Medicaid, fees, fund balance, county funds allocated, and total earned.

G. Director's Report:

a. Employee New Hires:

Mr. Holder presented three new hires for the month of March.

b. Medicaid Transformation Update:

Status of contract activity with Prepaid Health Plans:

- AmeriHealth- They have sent us an Inquiry Form to request a contract
- BCBS- Healthy Blue- We have received a contract

- Carolina Complete Health- They emailed back stating they haven't begun the contract process yet but would be in contact once they do
- UnitedHealthcare of NC- We have received a contract in conjunction with our Commercial Contract
- WellCare of NC- We have received a contract

c. Monthly Health Department Clinics Reports:

The reports are generated internally and will continue to be provided to the BOH to share the idea of clinic activity monitoring. We continue to track productivity at each clinic.

Dr. Fleishman recommended that we separate out more detail for Stedman-Wade report in same manner as internal clinics

d. Corrective Action Plan (CAP) Report for WIC:

The summary of the WIC program visit from the State is attached in the meeting packet for Board members' reference.

e. Upcoming Events:

- NCPHA Spring Educational Conference on May 14, 2019 in Raleigh
- Grand Re-opening of the Baby Store on May 17, 2019 at 10am in the third floor Auditorium.
- The National Association of County & City Health Officials (NACCHO) Conference on July 9-11, 2019 at Orlando, Florida
- The National Association of Local Board of Health (NALBOH) Conference on August 14-16, 2019 at Denver, Colorado
- The NC Public Health Association Fall Educational Conference on September 25-27, 2019 at Greensboro, North Carolina
- First annual Fun in the Sun event was last Friday: The event was successful and had a good showing and flow of citizens and vendors. The most positive outcome was basically testified walking in the department and exposed exploration to the outside agencies. Dr. Krystle Vinson was a head of the committee, and the Board recognized her efforts toward the event. The Health Department will take it as the annual events becoming better and bigger. The survey will be sent out for staff feedback.
- All-Staff Meeting/Employee Service Year Recognition (5, 10, 15, 20, 25 and 35 years) on Friday, April 26, 2019 at 3:30pm at the Health Department. The County will recognize employees with 20 years and above of service on the same day at 8:30am at the courthouse.

H. Membership Roster/Attendance Roster:

Dr. McMahon reviewed the membership roster and the attendance report for 2019.

I. Board Comments:

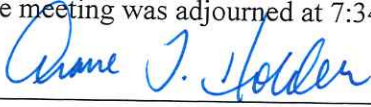
Dr. McMahon would like to organize a "Friends of the CCDPH" committee.

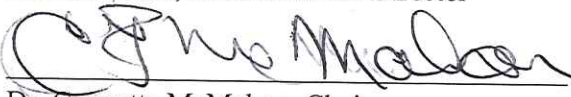
Dr. McMahon suggested fundraising a sub-committee to achieve the Board goals.

ADJOURNMENT

MOTION: Dr. Jeanette Council moved to adjourn.
SECOND: Dr. Kingsley Momodu
VOTE: Unanimous (10-0)

The meeting was adjourned at 7:34 p.m.



Duane Holder, Interim Health Director Date


Dr. Connette McMahon, Chair Date
5.21.19
5-21-19