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## Cumberland County 4-H'ers win honors at State 4-H Congress

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### FOR IMMEDIATE RELEASE

### NEWS RELEASE

Three Cumberland County 4-H'ers received top honors during the recent State 4-H Congress. This year's 4-H Congress, held in Raleigh June 22-25, attracted 521 youth and their adult leaders for activities including presentations on leadership and citizenship training, service opportunities, officer elections and more.

The 4-H Congress was moved from its traditional late July time slot and combined with Citizenship Focus, in which 4-H members engage with elected leaders in the N.C. General Assembly.

Mary Vorder Bruegge, Jonathan Murray and Noah Murray received gold medals in contests designed to test 4-H knowledge of a variety of subjects. They won in 11-to-13-year-old age division of their contests.

Vorder Bruegge, 13, won in the livestock and dairy production category. She is the daughter of Julia Little and Bill Vorder Bruegge of Fayetteville.

Jonathan Murray, 12, won the wheels and engines contest with his presentation on bicycle safety. He is the son of Kareema Cavallo of Fayetteville.

Noah Murray, 13, won the fruit and vegetable use category with a presentation on sweet potatoes. He is the son of Jinaki Burroughs of Fayetteville.

The 4-H program is the youth education program of North Carolina Cooperative Extension, based at North Carolina State and North Carolina A&T State universities. More than 237,500 young people between the ages of 5 and 19 participate in North Carolina 4-H activities each year with the help of 20,780 adult and youth volunteers.