

CUMBERLAND COUNTY BOARD OF HEALTH
JANUARY 20, 2026, 6:00
1235 RAMSEY STREET
REGULAR MEETING
MINUTES

MEMBERS PRESENT: Dr. Olusola Ojo, Pharmacist, Public Representative
Dr. Kent Dean, Veterinarian
Dr. Nitin Desai, Physician
Mrs. Cynthia Massie, General Public Representative
Dr. Joseph Ballard, Optometrist
Ms. Jermecka Hamilton,, General Public Representative
Dr. Cynthia McArthur-Kearny, Chair
Mr. Bart Fiser, Vice Chair
Dr. Kingsley Momodu, Dentist

MEMBERS ABSENT: Veronica Jones, Commissioner

STAFF PRESENT: Mrs. Heather Skeens, Assistant County Manager /Acting Health
Dr. Jennifer Green, Consultant (virtual)
Mrs. Heather Skeens,ACM/Acting Health Director
Mrs. Candi York, Business Manager
Dr. Krystle Vinson, DON
Ms. Sanquis Graham, Local Public Health Administrator
Mrs. Kelly Smith, Administrative Assistant III

WELCOME, INTRODUCTIONS AND MOMENT OF SILENCE

Dr. Cynthia McArthur-Kerney welcomed all guests and called the meeting to order. Introductions were given. A moment of silence was taken.

ACTION ITEMS

A. Approval of Agenda

MOTION: Dr. Olusola Ojo moved to approve the Board of Health (BOH) Meeting
Agenda
SECOND: Dr. Kent Dean
VOTE: Unanimous (9-0)

B. Approval of December 16, 2025, Regular Meeting Minutes

MOTION: Mr. Bart Fiser moved to approve the Board of Health Minutes
SECOND Dr. Olusola Ojo
VOTE: Unanimous (9-0)

C. Approval of Bad Debt Write Off

MOTION: Dr. Nitin Desai moved to approve the Bad Debt Write Off
SECOND: Dr. Kent Dean
VOTE: Unanimous (9-0)

D. Approval to appoint a 3rd member to the Nominating Committee

MOTION Mr. Bart Fiser moved to nominate Cynthia Massie to the
: Nominating Committee
SECOND: Dr. Nitin Desai
VOTE: Unanimous (9-0)

Item 3: Informational/Discussion Items:

A. Public Comment

Dr. Cynthia McArthur-Kearney opened the floor for public comments at 6:28 p.m. There were no registered speakers, the floor was closed at 6:29pm.

Action Item C: Approval of Bad Debt - The Board Members were given a sheet with a list of bad debt accounts by department listing what has not been collected. Mrs York said that these debts can be attached to their individual income tax return if they do not collect. Total debt was \$15,180.58 and were 90 days old or older since 12/31/2025. The Board unanimously approved to move this item of business to the Financial Committee and then on to Commissioners for approval. **Action Item D:** Dr. Cynthia McArthur-Kearney said that there needed to be another person added to the Nominating Committee since Dr. Fleishman left in December. Dr. Kearney nominated Mrs. Cynthia Massie and took a vote which was unanimous among all Board Members to place her on this committee. Cynthia Massie expressed interest in joining as well.

B. Financial Reports

Mrs. Candice York presented her financial reports. Ms. York presented the statement of revenues and expenditures for the month closing December 31, 2025 (revenues exceeded expenditures by \$735,250.97). Expenditures by programs are at 40.59% reporting as of December 31, 2025. We have earned 37.45% for State and Federal Allocations and 14.14% for Grants as of December 31, 2025. Over-all we have earned 42.79% of revenue by source. Accounts Receivable was broken down by payor source with an accounts receivable aging report available for private pay as of December 31, 2025.

C. Welcome New Board Members - The newest Board Members had a chance to go around the table and introduce themselves to the Group. Members were also told that Dr. Jennifer Brayboy-Locklear resigned her position as of December, 2025.

D. Stedman Wade Annual report: Ms. Shaunna Herman presented an update for the year on services that Stedman-Wade Family Medical Center provides for our Adult Health Clinic. The clinic provides comprehensive primary and preventative medical care as well as integrated behavioral health and substance use disorder programs.

Last year, the clinic saw 912 unduplicated patients. Total unduplicated active patients were 1,088. They had 3,104 encounters with each patient having an average of 3 visits within the year. The diabetic patient population is 18-75 with 199 patients having diabetes. The diabetic HbA1C control decreased from the previous year. The clinic purchased retinal scanners to improve the rate of eye exams in diabetics and began scanning in February 2025. Hypertension rates include 669 patients that have hypertension. About 65% of patients had a blood pressure less than 140/90. To further better results, the clinic is participating in doing remote patient monitoring, patient education and training for medical assistants and providers. The clinic continues to screen and intervene on tobacco use. Around 88% of patients were screened and received cessation intervention. In addition, BMI measurements and interventions were done as well as cancer screenings.

Question: Dr. Patel asked what benchmark they used for colorectal cancer screenings - Every 10 years and 5 years for Cologuard.

Question: Ms. Hamilton wanted to know if they included vaping in the numbers for tobacco? Yes

Question: Dr. Dean asked what was the business relationship between Stedman-Wade and the Health Department. Tamra Morris explained that we do not provide Adult Health and contract with them to provide Adult Health in our building.

Question: Ms. Hamilton asked if they had considered behavioral health or mental health? Dr. Green said that there is no funding source for this or county dollars and at this time we just have to assure that it is available elsewhere.

E. Cumberland Health Net Update - Mrs. Shelley Hudson gave an update on what Health Net has done in our facility in the last year. This clinic takes patients 16-64 that are uninsured or underinsured. They must have an underlying condition as well such as CHF, HBP, Asthma as a few examples. Patients are discharged if they have no contact with them or they find private insurance. In the last year the no show rate has decreased 36% and active patients increased from 130-166. The clinic put out a patient satisfaction survey and received 99% very satisfied with service. An average of 9 patients are seen in the clinic each day. 100% of patients are assessed for dental needs and if they do not visit our Stedman office, referrals are provided to local dental providers as needed.

F. Sequential Intercept Mapping Taskforce and Cumberland Fayetteville Opioid Response Team Feedback: Sanquis Graham and Dr. Green reviewed with the Board Members what the C-FORT team is requesting from them : Addressing HIV transmission risks among people who use drugs - Improving culturally responsive services for Native American communities - Understanding and reducing mortality among unhoused individuals, particularly women who use drugs and have stillbirths and expanding peer-support connections for people transitioning out of homelessness. Question: Cynthia Massie asked is it true that we have the highest rate of HIV? Dr. Green replied yes and STD is very diligent in testing and education. Dr. Momodu asked have you considered dental clinics using saliva for HIV testing - Dr. Green replied that we would need another funding source for saliva testing. Sanquis responded that we would like to have Walgreens sponsor this effort with CFORT and a dental clinic. Sanquis also added that we are asking support from the Board on increasing the availability and accessibility of transitional and supportive housing, expanding peer-support connections for people transitioning out of homelessness and supporting the Law Enforcement Assisted Diversion program in building policy that directly benefits SIM Taskforce participants. Dr. Green added that SIM Taskforce is hiring for a HEP C Bridge Counselor which has been vacant for the last year.

G. Director's Report

Dr. Green gave the report on behalf of Heather Skeens that had to leave early to attend the Commissioners meeting and present. Dr. Green sent out a link to all Board Members with the NC DHHS Measles Dashboard. She went on to explain that we have had preparation/planning calls with NC DHHS, internal Epidemiology Team meeting with table top exercises, back to school vaccinations, K-12 and College University Office hours and radio interviews. At this time there are 11 cases total in SC and none in Cumberland County. **CMARC/CMHRP Updates:**

NCALHD, LHDs, and the PHPs have worked collaborative in the past 2 years to prepare new contracts between the LHDs and PHPs

The funding level PHPs will receive to provide care management services from Medicaid/Division of Health benefits is unclear

The PHPs cannot set the per member/month reimbursement rate for LHDs until they understand the overall budget from DHD

NCALHD and PHPs have met with DHB staff to urge clarity in the budget

We will likely not know this rate before for our February budget presentation to the Board

NCALHD and PHPs are also working to identify a new care management platform and develop uniform contract language

CDC Vaccine Schedule:

NC does not anticipate changes to our clinical guidance regarding childhood immunization and the U.S. DHHS has stated that previously recommended vaccines will continue to be covered by insurance and through the Vaccines for Children Program.

Parents and providers are recommended to consult resources from the American Academy of Pediatrics and the American Academy of Family Physicians

NCDHHS has a bilingual Childhood Vaccines Toolkit that includes resources to help health care providers and families start conversations about childhood vaccines

Changes to the childhood immunization schedule did not come from the ACIP. Changes were directed from a memo from the current Administration to HHS Secretary Kennedy

No changes to the vaccines required for school entry or child care entry under NC law

NCALHD is closely monitoring in potential action in the upcoming short-session

Board should be prepared for advocacy

<https://canons.sog.unc.edu/2026/01/recent-changes-to-federal-vaccine-policy/>

Board of Health Retreat and February Meeting

February 13th, 2026 from 9am - noon

Retreat 9am-11am

Regular meeting 11am-12pm

Health Department Auditorium

Breakfast provided

Topics for the Board of Health Retreat

Utilization Data Review (Accreditation Requirement)

Accreditation Update

Legislative/ Funding/Outlook

Tobacco Updates and Solly's Law

*Dr. Desai would like to look at gun violence and the impact it has had on our youth.

