

CUMBERLAND COUNTY BOARD OF HEALTH
MARCH 19, 2019 – 6:01p.m.
1235 RAMSEY STREET, THIRD FLOOR BOARD ROOM
REGULAR MEETING
MINUTES

MEMBERS PRESENT: Dr. Connette McMahon, Chair
Dr. Sam Fleishman, Physician
Dr. Cynthia McArthur-Kearney, Registered Nurse
Dr. Olusola Ojo, Pharmacist
Dr. William Philbrick, Optometrist
Dr. Jeannette Council, Commissioner
Dr. Kingsley Momodu, Dentist (Arrived at 6:10pm)
Dr. Kent Dean, Veterinarian
Mr. John Larch, Professional Engineer
Ms. Sonja Council, Public Representative

MEMBERS ABSENT: Ms. Stacy Cox, Public Representative

STAFF PRESENT: Duane Holder, Assistant County Manager/Interim Health Director
Dr. Krystle Vinson, Director of Nursing
Candice York, Finance Officer
Ashley Yun, Administrative Assistant to the Health Director
Sang Nguyen, Software Support Analyst
Sharon Batten, Women, Infants, and Children (WIC) Director

WELCOME, INTRODUCTIONS AND MOMENT OF SILENCE

Dr. Connette McMahon welcomed all guests and called the meeting to order. Introductions were given. A moment of silence was taken.

ACTION ITEMS

A. Approval of Agendas

MOTION: Dr. William Philbrick moved to approve the Board of Health regular meeting agenda
SECOND: Dr. Jeanette Council
VOTE: Unanimous (9-0)

B. Approval of February 19, 2019 Regular Meeting Minutes

MOTION: Mr. John H. Larch III moved to approve the minutes.
SECOND: Dr. Jeanette Council
VOTE: Unanimous (9-0)

INFORMATIONAL/DISCUSSION ITEMS

A. Public Comment:

Dr. McMahon opened the floor for public comments at 6:03 p.m. There being no public comments registered, Dr. McMahon closed the floor for public comments at 6:03 p.m.

B. Program Highlight: Women, Infants, and Children (WIC):

Dr. Momodu arrived at 6:10pm.

Mrs. Sharon Batten, WIC Director presented what is WIC and its history, Cumberland County WIC, Eligibility, Certification periods, foods, food benefit issuance, operations, nutrition education, breastfeeding promotions and support, referrals, community outreach, and SWOT (strengths, weakness, opportunities, and threats) analysis. The Power Point presentation is available by request to Ms. Yun. March is National Nutrition Month, and the WIC department has created activities. Mrs. Batten provided the WIC brochure and promotional gifts.

WIC has three locations—Spring Lake, Fayetteville, and Hope Mills—to see clients every day through lunch hours during the week, including Friday afternoon. The evening clinics are offered every second and fourth Tuesdays at the Fayetteville location.

Mr. Larch asked what causes the medically ineligible cases. Mrs. Batten answered that the clients must meet a certain income and medical criteria. The medical criteria would include that the children are underweight, and women are not gaining weight in a proper way. The state provided a code to use for underweight children and women. A special diet can be applied possibly, for example, if the children are unable to chew or eat. We also offer soy-based milk without sugar, as well.

C. Health Director Recruitment Update:

March 1—County has decided to create a HR video which highlights the Health Department, Board of Health, and County. Ms. Amy Cannon, Mr. Duane Holder, Dr. McMahon, and Mr. Larch participated in filming the video. The video is being processed by a production company and will be presented in the Board Retreat on March 29, 2019.

The Health Department promotional videos are available on the website.
<http://www.co.cumberland.nc.us/departments/public-health-group/public-health/videos>

D. Financial Reports:

Board members received the following financial reports:

- The accounts receivable by program are broken down by clinic and payer source.
- Aging report by private/self-pay patients for 180 days or year over.
- The Statement of Revenue and Expenditures (Profit and Loss) as of February 28, 2019. The excess of revenue over the expenditures is \$974,674.28. These funds consist of Medicaid Cost Settlement funds and Pregnancy Care Management/Care Coordination for Children revenue.
- The statement of expenditures by program as of February 28, 2019.
- Revenue by Source reports by state and federal allocations, grants, Medicaid, fees, fund balance and county funds allocated, and total earned.

E. Director's Report:

- a. 2019 County Health Ranking:

2019 County Health Rankings were released today by “County Health Rankings,” a Robert Wood Johnson Foundation and University of Wisconsin Population Health Institute Program. It is a nationwide health ranking completed for each state that compares certain health indicators for county assessment compared to other counties within the state.

Cumberland County’s overall health ranking for Health Outcomes (length and quality of life) improved from 75 to 73 out of 100 North Carolina counties for 2019.

Although, the County’s overall health ranking for Health Factors (Health Behaviors, Clinical Care, Social and Economic Factors, and Physical Environment) fell from 62 (2018) to 65 (2019).

Mr. Holder emphasized that there is a heavy emphasis on some of the socioeconomic factors in the community that affect these health rankings. The board members will review the report during the Board Retreat on March 29, 2019. Overall, we still have a long way to go as far as creating a culture of health and wellness for the County. That will involve incorporating health and being conscious of those that affect health in everything we do, even planning and zoning. We know what to do; it is just a matter of getting the resources and making sure that we're all on the same page. The Cumberland-Fayetteville Opioid Response Team (C-FORT), Positive Parenting Program (Triple P), Child Abuse Prevention with Partnership for Children, and Next Gen Health Care Sector Partnership, and Pathways for Prosperity are prosperity initiatives. It is not just a Cumberland County issue as it pertains to the low ranking of our entire region. Actually, is fairly low with the exception of Moore County.

b. Village Christian Academy Tuberculosis (TB) Update:

We received notification of the TB case for an individual at Village Christian Academy in February. Dr. Vinson gave an update; however, due to privacy and HIPAA regulations, the specific number or details related to confirm TB case will be not provided.

The Health Department worked in concert and collaboration with the Village Christian Academy and the State to make this a smooth process. Special thanks to Ms. Heather Salisbury, Epidemic (Epi) Clinic Coordinator, for her excellent job and making sure to be proactive in providing ample education. The Epi Team has worked extremely hard to provide education and reassurance during this process. The Health Department held an information session on TB at Village Christian Academy on March 5 to explain the process of purified protein derivative (PPD) placement. Over one hundred individuals attended the meeting and show positive appreciation of the TB education provided by Ms. Salisbury. A Q&A session was available at the end of session, and the audience had excellent questions. The population was identified in testing; 98.4% completed the testing of that same population. Only 1% was identified as needing further care, which is now in process.

Dr. Philbrick asked how many TB cases occurred in County. Mr. Holder said 5-6 cases in Cumberland County at any given time. **Dr. Vinson will research and will follow up on the data.**

Dr. Ojo asked if any follow-up is required. After the positive skin test, the patient will be referred for a chest x-ray. The x-ray will determine whether there is active TB or if it is a

latent case. If it is a latent case, that will dictate the medication regimen that the patient would undergo. At this point, all are latent, and the regimen is not as involved as an active case. None of the students and staff members at the school displayed symptoms of being sick. Because of the positive PPD that we must measure, we have allowed parents and/or staff members to be skin tested by their own private physicians or primary care physicians, as long as they supply us with the documentation.

By State law, we are able to authorize quarantine and administer medication for active cases; however, patients can choose the treatment for lacking cases. The Health Department supplies the medication for PPD positive and exposed cases without any cost.

We will revisit the Village Christian Academy in eight weeks for another round of testing, even though PPD was negative, because symptoms can show up later. We had a full investigation for entire school, found a positive individual and family, and issued a quarantine notice letter to the individual, including house visits. The individual and family are under compliance until we release them. The duration or length of the TB treatment will be several months.

Ms. Council asked if we need to be concerned about the Nora virus since a notice has been issued in the Durham public schools. We do not have an outbreak in Cumberland County as of yet. If we do, we will report to the Board of Health.

c. Employee New Hires:

Mr. Holder presented three new hires for the month of February.

d. Medicaid Transformation Update:

The state of North Carolina is well on its way towards implementing dates for Medicaid Transformation. This summer, the prepaid plans will be selected, as they are building the network of the providers. They will be reaching out actively to providers throughout the state for enrollment into their health plans. In July, an independent enrollment broker, Maximus, will be working with all Medicaid-eligible individuals in helping them decide what prepaid plan to enroll towards. The first plan for Regions 2 and 4 (North Central Counties) goes live in November. Cumberland County, along with the rest of the counties, will go live in February 2020. "Go Live" means that any Medicaid-eligible citizen in the population will have their care managed by one of four statewide healthcare plans. We will see more communication sent out from these plans as they look to educate members on enrollment.

One of the big changes with it is it being managed care; we are looking at value-based purchasing. So, clinical outcomes are going to be a metric and will be tied directly to payment going forward. The state of NC discussed about it previously; however, as part of the waiver that was approved, it will become more of a reality that continued payments for cases will be dependent upon the ability to show progress and marked improvements in health outcomes.

The board members will receive more updates during the Board Retreat.

e. Monthly Health Department Clinics Reports:

The reports are generated internally and will continue to be provided to the BOH to share the idea of clinic activity monitoring. We continue to track productivity at each clinic.

Dr. Fleishman recommended indicating with an X or N/A for any days or weeks listed that a nurse does not provide services on the reports.

Dr. Council asked if we have a reminder system. Health Department has robotic and manual reminder systems. We plan to start a text message reminder system automated by April. If we need to provide transportation to citizens who cannot afford it, please inform her. Providing transportation may improve the no-show rates.

Dr. McArthur-Kearney pointed out that the report shows that most of no-shows are on Mondays and Wednesdays in Child Health. Is there any particular reason? Mr. Holder said, as far as scheduling, there are no differences.

Dr. Momodu asked about the most current status of the dental clinic. The dental clinic is operated by Stedman-Wade Health Services. Dental services are available every Thursdays 8:00 a.m-5:00 p.m. for adults and children. There are more children dentistry options available in the community. Many dentistry options are for children with Medicaid and/or uninsured adults. In speaking with Ms. Margaret Covington, Director of Stedman-Wade Health Services, their new facility is under construction on Murchison Road, and they are planning to have a full-time dentistry operating from Monday to Friday in the new facility.

f. Upcoming Events:

- Fun in the Sun on April 13, 2019 from 10:00 a.m. to 2:00 p.m. at the Health Department Parking Lot. Advertisements will be out on social media and radio shows.
- NCPHA Spring Educational Conference on May 14, 2019 in Raleigh
- Grand Re-opening of the Baby Store on May 17, 2019 at 10am in the third floor Auditorium. A NC Division of Public Health Director is planning to be in attendance. A 2019 NC Child Health Report Card relating to infant mortality has been shared with the board members in mid-March. The infant mortality rate is high, particularly among the minority population. We must take conservative efforts around the community, and re-opening the Baby Store would be a great asset. Moms earn baby-bucks through clinic appointments, classes, etc. to purchase baby items in the Baby Store.
- The National Association of County & City Health Officials (NACCHO) Conference on July 9-11, 2019 at Orlando, Florida
- The National Association of Local Board of Health (NALBOH) Conference on August 14-16, 2019 at Denver, Colorado
- The NC Public Health Association Fall Educational Conference on September 25-27, 2019 at Greensboro, North Carolina

F. Membership Roster/Attendance Roster:

Dr. McMahon reviewed the membership roster and the attendance report for 2019.

G. Board Comments:

Dr. Ojo asked about the Gen X test outcome. Mr. Holder said we are still waiting on the researchers to process the data. We are to receive the testing results within six months.

Dr. McMahon strongly recommended the board members to attend the local and national conferences if their schedules allow.

Dr. McMahon discussed creating business cards for board members. If any board members are interested, contact Ms. Yun for information.

The Community Coalition meeting is scheduled on April 30, 2019 at 10:00 a.m. at the Health Department. The coalition has six subcommittees that the board members can participate in to address the highest ranked priorities voted on by its members.

The Cumberland School Health Advisory Committee meeting is scheduled on every third Friday, and Dr. McMahon strongly recommends the board members to attend and get involved in the community. It will be a great opportunity to learn about the health of children in the school system. The different perspectives; Fayetteville Police Department, Sheriff Department, Mental Health, and Health Department are all looking at health-related issues within the children in the community.

As a reminder, the board retreat is scheduled on Friday, March 29, 2019 from 1:00 p.m. to 5:00 p.m. in the Cape Fear Valley Health System Administrative Board room. Make sure to bring an identification card for security processing.


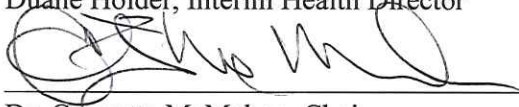
ADJOURNMENT

MOTION: Ms. Sonja Council moved to adjourn.

SECOND: Dr. Olusola Ojo

VOTE: Unanimous (10-0)

The meeting was adjourned at 7:04 p.m.

	<u>4-16-19</u>	Date
Duane Holder, Interim Health Director		
	<u>4-16-19</u>	Date
Dr. Connetta McMahon, Chair		